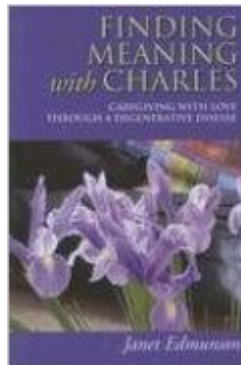




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# Finding Meaning With Charles: Caregiving With Love Through A Degenerative Disease



## Synopsis

Wonderful resource for caregivers, Hospice volunteers and staff, includes guides for: dealing with doctors, telling friends and family, learning more about the disease, and helping a loved one get through illness with dignity and a positive outlook. Also helps caregivers cope with emotional and physical challenges they will face during the course of a loved one's illness. Features unique Caregiving Affirmations.

## Book Information

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## Customer Reviews

This book is an excellent resource for anyone caring for a patient with either PSP or CGBD, both degenerative brain diseases. Janet Edmunson shares so much of what she went through with her husband, Charles, who had CGBD, very similar to PSP (Progressive Supranuclear Palsy); including the roller-coaster of emotions, challenges, both physically & mentally; the issues involving aides, and many, many other issues that one is faced with during the caregiving process. I would highly recommend this book for anyone who wants to learn more about caring for a loved one who has been diagnosed with either of these diseases, both of which are terminal. It is a great book, and it has helped me understand more about this disease & how it affects my loved one, as well as helping to recognize the value in taking care of ourselves, the caregivers, during this process.

Sadly written book, very good, and well written. The person with it suffers and dies but the caregiver lives through it, works very hard, and has to live with the memories. If the wife is the care giver, he or she will have a lot more memories, good and bad

I've got the disease that this author's husband died from. As far as the description on the disease, its symptoms and progression, it is very good. Everyone involved or effected by Corticobasal Degeneration should read it. What I found hard to take was the blonde-cheerleader-rich-girl mentality an her incessant bragging about their fancy house, and his important job, and how he was allowed to continue to go to work - because he was SOOO important - even though he required around the clock attendant care and was no longer able to do his job. There is an awful lot about how they managed his lifestyle despite his condition that I couldn't help but roll my eyes.

I have had this book for months...I purchased it just as my husband was diagnosed with PSP. I guess I was in denial and didn't read it. It has now been 2 years since that diagnosis. I am glad I finally did. Thank you so much for your tender insight. As I sit here in tears I am grateful.

Finding Meaning with Charles incorporates Charles' illness, Janet's caregiving and the medical community's scrambling to diagnosis and help. No matter how ill Charles became, he was unwilling to modify his goals. And no matter how great the effort to help him execute this, Janet was undaudnted. The limits to which they went to help him accomplish his daily runs, trips and presentations throughout the world and many other seemingly impossible tasks were just amazing. There are things Janet did that can make all of us better caregivers. She viewed Charles' slow death as a blessing because "it gave me millions of opportunities to provide support and love. In the midst of the tragedy, I found it rewarding to let him know frequently the value he had brought to my life." He also rejoiced in the many tributes employees around the world sent. These were put on cds so that he could enjoy them over and over again to support him in moments of despair. We can all learn from Charles and Janet how to give and accept care and to make every moment of life meaningful to the very end.

I found this book very honest, revealing and helpful. I've read it twice now and as a person with Parkinson's. and ex-nurse I learn something new and encouraging each time I read it. I know I will read it again and plan on sharing it with my husband.

This book provided a lot of insight into the progression of CBGD, and even inspired ways I could brighten the remaining time of a relative dealing with this diagnosis. I know the degeneration is not the same in each person with the disease, but it was still very helpful. It was intelligent, well-written

and came from the heart.

My mother-in-law had Progressive Supranuclear Palsy. I bought this book because I read on a PSP online forum that it was really helpful to caregivers & families of people with this disease. The author does a great job of sharing her story and being honest & upfront about the challenges & rewards of caring for someone with a devastating neurological condition.

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